

## 大学女生身高标准体重（体重单位：公斤）

身高段（厘米）	营养				
	不良 7分	较低体重 9分	正常体重 15分	超重 9分	肥胖 7分
140.0 ~ 140.9	< 36.5	36.5 ~ 42.4	42.5 ~ 50.6	50.7 ~ 53.3	>= 53.4
141.0 ~ 141.9	< 36.6	36.6 ~ 42.9	43.0 ~ 51.3	51.4 ~ 54.1	>= 54.2
142.0 ~ 142.9	< 36.8	36.8 ~ 43.2	43.3 ~ 51.9	52.0 ~ 54.7	>= 54.8
143.0 ~ 143.9	< 37.0	37.0 ~ 43.5	43.6 ~ 52.3	52.4 ~ 55.2	>= 55.3
144.0 ~ 144.9	< 37.2	37.2 ~ 43.7	43.8 ~ 52.7	52.8 ~ 55.6	>= 55.7
145.0 ~ 145.9	< 37.5	37.5 ~ 44.0	44.1 ~ 53.1	53.2 ~ 56.1	>= 56.2
146.0 ~ 146.9	< 37.9	37.9 ~ 44.4	44.5 ~ 53.7	53.8 ~ 56.7	>= 56.8
147.0 ~ 147.9	< 38.5	38.5 ~ 45.0	45.1 ~ 54.3	54.4 ~ 57.3	>= 57.4
148.0 ~ 148.9	< 39.1	39.1 ~ 45.7	45.8 ~ 55.0	55.1 ~ 58.0	>= 58.1
149.0 ~ 149.9	< 39.5	39.5 ~ 46.2	46.3 ~ 55.6	55.7 ~ 58.7	>= 58.8
150.0 ~ 150.9	< 39.9	39.9 ~ 46.6	46.7 ~ 56.2	56.3 ~ 59.3	>= 59.4
151.0 ~ 151.9	< 40.3	40.3 ~ 47.1	47.2 ~ 56.7	56.8 ~ 59.8	>= 59.9
152.0 ~ 152.9	< 40.8	40.8 ~ 47.6	47.7 ~ 57.4	57.5 ~ 60.5	>= 60.6
153.0 ~ 153.9	< 41.4	41.4 ~ 48.2	48.3 ~ 57.9	58.0 ~ 61.1	>= 61.2
154.0 ~ 154.9	< 41.9	41.9 ~ 48.8	48.9 ~ 58.6	58.7 ~ 61.9	>= 62.0
155.0 ~ 155.9	< 42.3	42.3 ~ 49.1	49.2 ~ 59.1	59.2 ~ 62.4	>= 62.5
156.0 ~ 156.9	< 42.9	42.9 ~ 49.7	49.8 ~ 59.7	59.8 ~ 63.0	>= 63.1
157.0 ~ 157.9	< 43.5	43.5 ~ 50.3	50.4 ~ 60.4	60.5 ~ 63.6	>= 63.7
158.0 ~ 158.9	< 44.0	44.0 ~ 50.8	50.9 ~ 61.2	61.3 ~ 64.5	>= 64.6
159.0 ~ 159.9	< 44.5	44.5 ~ 51.4	51.5 ~ 61.7	61.8 ~ 65.1	>= 65.2
160.0 ~ 160.9	< 45.0	45.0 ~ 52.1	52.2 ~ 62.3	62.4 ~ 65.6	>= 65.7
161.0 ~ 161.9	< 45.4	45.4 ~ 52.5	52.6 ~ 62.8	62.9 ~ 66.2	>= 66.3
162.0 ~ 162.9	< 45.9	45.9 ~ 53.1	53.2 ~ 63.4	63.5 ~ 66.8	>= 66.9
163.0 ~ 163.9	< 46.4	46.4 ~ 53.6	53.7 ~ 63.9	64.0 ~ 67.3	>= 67.4

#### 第四部分 附件 学生体质健康标准

164.0	~	164.9	<	46.8	46.8	~	54.2	54.3	~	64.5	64.6	~	67.9	>=	68.0
165.0	~	165.9	<	47.4	47.4	~	54.8	54.9	~	65.0	65.1	~	68.3	>=	68.4
166.0	~	166.9	<	48.0	48.0	~	55.4	55.5	~	65.5	65.6	~	68.9	>=	69.0
167.0	~	167.9	<	48.5	48.5	~	56.0	56.1	~	66.2	66.3	~	69.5	>=	69.6
168.0	~	168.9	<	49.0	49.0	~	56.4	56.5	~	66.7	66.8	~	70.1	>=	70.2
169.0	~	169.9	<	49.4	49.4	~	56.8	56.9	~	67.3	67.4	~	70.7	>=	70.8
170.0	~	170.9	<	49.9	49.9	~	57.3	57.4	~	67.9	68.0	~	71.4	>=	71.5
171.0	~	171.9	<	50.2	50.2	~	57.8	57.9	~	68.5	68.6	~	72.1	>=	72.2
172.0	~	172.9	<	50.7	50.7	~	58.4	58.5	~	69.1	69.2	~	72.7	>=	72.8
173.0	~	173.9	<	51.0	51.0	~	58.8	58.9	~	69.6	69.7	~	73.1	>=	73.2
174.0	~	174.9	<	51.3	51.3	~	59.3	59.4	~	70.2	70.3	~	73.6	>=	73.7
175.0	~	175.9	<	51.9	51.9	~	59.9	60.0	~	70.8	70.9	~	74.4	>=	74.5
176.0	~	176.9	<	52.4	52.4	~	60.4	60.5	~	71.5	71.6	~	75.1	>=	75.2
177.0	~	177.9	<	52.8	52.8	~	61.0	61.1	~	72.1	72.2	~	75.7	>=	75.8
178.0	~	178.9	<	53.2	53.2	~	61.5	61.6	~	72.6	72.7	~	76.2	>=	76.3
179.0	~	179.9	<	53.6	53.6	~	62.0	62.1	~	73.2	73.3	~	76.7	>=	76.8
180.0	~	180.9	<	54.1	54.1	~	62.5	62.6	~	73.7	73.8	~	77.0	>=	77.1
181.0	~	181.9	<	54.5	54.5	~	63.1	63.2	~	74.3	74.4	~	77.8	>=	77.9
182.0	~	182.9	<	55.1	55.1	~	63.8	63.9	~	75.0	75.1	~	79.4	>=	79.5
183.0	~	183.9	<	55.6	55.6	~	64.5	64.6	~	75.7	75.8	~	80.4	>=	80.5
184.0	~	184.9	<	56.1	56.1	~	65.3	65.4	~	76.6	76.7	~	81.2	>=	81.3
185.0	~	185.9	<	56.8	56.8	~	66.1	66.2	~	77.5	77.6	~	82.4	>=	82.5
186.0	~	186.9	<	57.3	57.3	~	66.9	67.0	~	78.6	78.7	~	83.3	>=	83.4

注：身高低于表中所列出的最低身高段的下限值时，身高每低 1 厘米，实测体重需加上 0.5 公斤，实测身高需加上 1 厘米，再查表确定分值。身高高于表中所列出的最高身高段时，身高每高 1 厘米，其实测体重需减去 0.9 公斤，实测身高需减去 1 厘米，再查表确定分值。