

## 大学男生身高标准体重（体重单位：公斤）

身高段（厘米）	营养				
	不良 7分	较低体重 9分	正常体重 15分	超重 9分	肥胖 7分
140.0 ~ 140.9	< 32.1	32.1 ~ 40.3	40.4 ~ 46.3	46.4 ~ 48.3	>= 48.4
141.0 ~ 141.9	< 32.4	32.4 ~ 40.7	40.8 ~ 47.0	47.1 ~ 49.1	>= 49.2
142.0 ~ 142.9	< 32.8	32.8 ~ 41.2	41.3 ~ 47.7	47.8 ~ 49.8	>= 49.9
143.0 ~ 143.9	< 33.3	33.3 ~ 41.7	41.8 ~ 48.2	48.3 ~ 50.3	>= 50.4
144.0 ~ 144.9	< 33.6	33.6 ~ 42.2	42.3 ~ 48.8	48.9 ~ 51.0	>= 51.1
145.0 ~ 145.9	< 34.0	34.0 ~ 42.7	42.8 ~ 49.5	49.6 ~ 51.7	>= 51.8
146.0 ~ 146.9	< 34.4	34.4 ~ 43.3	43.4 ~ 50.1	50.2 ~ 52.3	>= 52.4
147.0 ~ 147.9	< 35.0	35.0 ~ 43.9	44.0 ~ 50.8	50.9 ~ 53.1	>= 53.2
148.0 ~ 148.9	< 35.6	35.6 ~ 44.5	44.6 ~ 51.4	51.5 ~ 53.7	>= 53.8
149.0 ~ 149.9	< 36.2	36.2 ~ 45.1	45.2 ~ 52.2	52.3 ~ 54.5	>= 54.6
150.0 ~ 150.9	< 36.7	36.7 ~ 45.7	45.8 ~ 52.8	52.9 ~ 55.1	>= 55.2
151.0 ~ 151.9	< 37.3	37.3 ~ 46.2	46.3 ~ 53.4	53.5 ~ 55.8	>= 55.9
152.0 ~ 152.9	< 37.7	37.7 ~ 46.8	46.9 ~ 54.0	54.1 ~ 56.4	>= 56.5
153.0 ~ 153.9	< 38.2	38.2 ~ 47.4	47.5 ~ 54.6	54.7 ~ 57.0	>= 57.1
154.0 ~ 154.9	< 38.9	38.9 ~ 48.1	48.2 ~ 55.3	55.4 ~ 57.7	>= 57.8
155.0 ~ 155.9	< 39.6	39.6 ~ 48.8	48.9 ~ 56.0	56.1 ~ 58.4	>= 58.5
156.0 ~ 156.9	< 40.4	40.4 ~ 49.6	49.7 ~ 57.0	57.1 ~ 59.4	>= 59.5
157.0 ~ 157.9	< 41.0	41.0 ~ 50.3	50.4 ~ 57.3	57.4 ~ 60.1	>= 60.2
158.0 ~ 158.9	< 41.7	41.7 ~ 51.0	51.1 ~ 58.5	58.6 ~ 61.0	>= 61.1
159.0 ~ 159.9	< 42.4	42.4 ~ 51.7	51.8 ~ 59.2	59.3 ~ 61.7	>= 61.8
160.0 ~ 160.9	< 43.1	43.1 ~ 52.5	52.6 ~ 60.0	60.1 ~ 62.5	>= 62.6
161.0 ~ 161.9	< 43.8	43.8 ~ 53.3	53.4 ~ 60.8	60.9 ~ 63.3	>= 63.4
162.0 ~ 162.9	< 44.5	44.5 ~ 54.0	54.1 ~ 61.5	61.6 ~ 64.0	>= 64.1
163.0 ~ 163.9	< 45.3	45.3 ~ 54.8	54.9 ~ 62.5	62.6 ~ 65.0	>= 65.1
164.0 ~ 164.9	< 45.9	45.9 ~ 55.5	55.6 ~ 63.2	63.3 ~ 65.7	>= 65.8

#### 第四部分 附件 学生体质健康标准

165.0	~	165.9	<	46.5	46.5	~	56.3	56.4	~	64.0	64.1	~	66.5	>=	66.6
166.0	~	166.9	<	47.1	47.1	~	57.0	57.1	~	64.7	64.8	~	67.2	>=	67.3
167.0	~	167.9	<	48.0	48.0	~	57.8	57.9	~	65.6	65.7	~	68.2	>=	68.3
168.0	~	168.9	<	48.7	48.7	~	58.5	58.6	~	66.3	66.4	~	68.9	>=	69.0
169.0	~	169.9	<	49.3	49.3	~	59.2	59.3	~	67.0	67.1	~	69.6	>=	69.7
170.0	~	170.9	<	50.1	50.1	~	60.0	60.1	~	67.8	67.9	~	70.4	>=	70.5
171.0	~	171.9	<	50.7	50.7	~	60.6	60.7	~	68.8	68.9	~	71.2	>=	71.3
172.0	~	172.9	<	51.4	51.4	~	61.5	61.6	~	69.5	69.6	~	72.1	>=	72.2
173.0	~	173.9	<	52.1	52.1	~	62.2	62.3	~	70.3	70.4	~	73.0	>=	73.1
174.0	~	174.9	<	52.9	52.9	~	63.0	63.1	~	71.3	71.4	~	74.0	>=	74.1
175.0	~	175.9	<	53.7	53.7	~	63.8	63.9	~	72.2	75.0	~	75.0	>=	75.1
176.0	~	176.9	<	54.4	54.4	~	64.5	64.6	~	73.1	73.2	~	75.9	>=	76.0
177.0	~	177.9	<	55.2	55.2	~	65.2	65.3	~	73.9	74.0	~	76.8	>=	76.9
178.0	~	178.9	<	55.7	55.7	~	66.0	66.1	~	74.9	75.0	~	77.8	>=	77.9
179.0	~	179.9	<	56.4	56.4	~	66.7	66.8	~	75.7	75.8	~	78.7	>=	78.8
180.0	~	180.9	<	57.1	57.1	~	67.4	67.5	~	76.4	76.5	~	79.4	>=	79.5
181.0	~	181.9	<	57.7	57.7	~	68.1	68.2	~	77.4	77.5	~	80.6	>=	80.7
182.0	~	182.9	<	58.5	58.5	~	68.9	69.0	~	78.5	78.6	~	81.7	>=	81.8
183.0	~	183.9	<	59.2	59.2	~	69.6	69.7	~	79.4	79.5	~	82.6	>=	82.7
184.0	~	184.9	<	60.0	60.0	~	70.4	70.5	~	80.3	80.4	~	83.6	>=	83.7
185.0	~	185.9	<	60.8	60.8	~	71.2	71.3	~	81.3	81.4	~	84.6	>=	84.7
186.0	~	186.9	<	61.5	61.5	~	72.0	72.1	~	82.2	82.3	~	85.6	>=	85.7
187.0	~	187.9	<	62.3	62.3	~	72.9	73.0	~	83.3	83.4	~	86.7	>=	86.8
188.0	~	188.9	<	63.0	63.0	~	73.7	73.8	~	84.2	84.3	~	87.6	>=	87.7
189.0	~	189.9	<	63.9	63.9	~	74.5	74.6	~	85.0	85.1	~	88.5	>=	88.6
190.0	~	190.9	<	64.6	64.6	~	75.4	75.5	~	86.2	86.3	~	89.8	>=	89.9

注：身高低于表中所列出的最低身高段的下限值时，身高每低 1 厘米，实测体重需加上 0.5 公斤，实测身高需加上 1 厘米，再查表确定分值。身高高于表中所列出的最高身高段时，身高每高 1 厘米，其实测体重需减去 0.9 公斤，实测身高需减去 1 厘米，再查表确定分值。